



Comeback - Week 1

ADULT GROUP DISCUSSION QUESTIONS**GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

SOCIAL TIME (15-30 minutes)

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting, if your group is continuing from last semester. Be intentional in helping your group members get to know one another during this time and make it fun.

Ice-Breaker suggestion: Trivia "Races". Divide into two teams. Ask each team a trivia question. If they answer correctly, they take one step toward the finish line. If they answer incorrectly, they stay put. The first team to the finish line wins!

CHECK-IN TIME (15-30 minutes)

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS (45-60 minutes)

We all love a good comeback. We love to watch a sports team comeback and win the game after being behind the entire time. We read and watch stories of people who have experienced a comeback from hard circumstances and succeeded. So why is it so hard to believe in comebacks in our own life? It's safe to say we have all experienced a setback these past few years. Setbacks turn our plans inside out and leave us unsure of what comes next.

1. At the start of the service, Danny posed a question: "Where do you need a comeback?" What did you write down? Tell the group about an area of your life where you are currently experiencing a setback.

Reminder: A setback is something that can cause you to halt and fail to move forward, something that makes you take a few steps back, or even cause you to experience defeat in an area of your life.

2. In the depth of our setbacks, God is planning for our comeback, but we must search for His voice and respond. [Read Exodus 3:2-3](#). In your current setback, how might God be signaling you to draw closer to him?

[Read Exodus 3:4](#). God won't speak until you respond. How is your response to your setback helping or hurting your ability to see God's signaling or hear His voice?

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3. We see in the example of Moses that when we respond, God will declare our comeback, but doubt is an enemy of a comeback. [Read Exodus 3:11](#). What doubts are you combating when it comes to your ability to comeback?
4. [Read Mark 9:23](#). Comebacks begin with belief. Daniel needed supernatural protection. Joseph needed supernatural favor. How would you complete this statement: In order to comeback, I need supernatural _____.

Do you believe that it is possible to comeback from your setback?

If **yes**, what do you need to do this week to respond to God's voice and take one step towards your comeback?

If **no**, what do you need to do this week to shed your disbelief?

ACTION STEP (10-15 minutes)

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- **Meditate on Scripture:** Find and meditate on scripture that will draw you nearer to God.
- **Reflect:** Spend time reflecting on the setbacks you have comeback from already. How was God present in those circumstances?
- **Connect:** Don't comeback alone: Connect with one person this week who you can take your first step towards comeback with.
- **Journal:** Identify where you are experiencing setbacks and disbelief.
- **Daily time with God:** Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:
 - [Download the Emmanuel app](#) and read the One Year New Testament daily.
 - [Download the YouVersion app](#) and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.
 - If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER (5-10 minutes)



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Ask your group to share two things

1. Prayer requests for themselves and the people in their lives.
2. Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's life and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.

GROUP SERVING OPPORTUNITIES

To determine how your group can serve together in the surrounding community, email Breanne De Avila, Emmanuel's Associate Outreach Director, at bschafer@eclife.org.

UPCOMING EVENTS

April 16 | Groups End

April 16 & 17 | Easter Weekend

You can find more information on all of these events at eclife.org.