

STUDENT GROUP DISCUSSION QUESTIONS

SOCIAL TIME/WORSHIP

Have a game ready and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members get to know one another during this time and make it fun.

CHECK-IN TIME

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS

Doing life with people is better than doing life alone, especially when we are walking through something difficult. But at times it can be hard to know how to walk alongside people as they navigate hard things. Today we are going to be talking about how to be with people when they are grieving.

1. When you're stressed, would you rather be alone or surrounded by friends? Why?
2. What's the difference between being alone and being lonely?
3. What are some reasons why a person might feel lonely?
4. When's the last time you felt lonely? What would have helped you feel less alone?
5. Why do you think Ruth decided to stick with Naomi? What would you have done if you were her?
6. Read John 14:16-17. When someone is lonely, what does God do? What does God invite us to do?
7. Why is it hard to reach out to people who are lonely?
8. How can you tell if someone is feeling lonely? What if they try to hide their loneliness?

9. What are some ways we could make people feel less alone at church or school?

10. Who's someone who seems lonely right now? What's one thing you can do to be "with" them?

ACTION STEP

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- Connect with someone
- Daily time with God: Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:
 - o Download the Emmanuel app and read the One Year New Testament daily.
 - o Download the YouVersion app and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.
 - o If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER

Ask your group to share two things

1. Prayer requests for themselves and the people in their lives.
2. Ask also for any reason to praise. It is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's lives and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.