STUDENT GROUP DISCUSSION QUESTIONS

SOCIAL TIME/WORSHIP

Have a game ready and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members get to know one another during this time and make it fun.

CHECK-IN TIME

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS

Bottom line: **Consistently be real with God about how you feel**. The goal of group this week is to help students develop a better awareness of their feelings and the vocabulary to talk about them. Further, to encourage them to use awareness to express what they're feeling with God, themselves, and other. Remember that talking about what they're feeling will not come easily to all of your students. While some may jump into conversation easily, others may struggle. That isn't because they don't have feelings or even because they don't know what they're feeling. It could be because of the context, community, or culture they've grown up in. For some, expressing their feelings is something they've been taught not to do. So, as you encourage them to work on expressing those feelings to God, be aware that you may not have students in your circle who will find this not only challenging but also counterintuitive to what they've been taught their whole lives.

- 1. What stood out to you about the message?
- 2. Describe your view of God, what are some words that come to mind?
- 3. Have you ever felt like God wasn't on your side? How did that impact the way you interacted with or talked to God?
- 4. Read Luke 22:42. What do you think Jesus was feeling in that moment? How can we follow after His example of trusting in God even when we don't want to?
- 5. How might remembering what's true about God help us to be consistently real in our relationship with God?
- 6. How could your relationship with God change if you were more honest about your feelings?
- 7. What is one way this week you can start being more honest with God about your feelings?

ACTION STEP

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

• Connect with someone

• Daily time with God: Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:

o Download the Emmanuel app and read the One Year New Testament daily.

o Download the YouVersion app and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.

o If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER

Ask your group to share two things

1. Prayer requests for themselves and the people in their lives.

2. Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's life and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.

