



Unreasonable – Week 1

ADULT GROUP DISCUSSION QUESTIONS**GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

SOCIAL TIME (15-30 minutes)

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members feel connected during this time and make it fun.

Ice-breaker suggestion: Go around the room and have each person share what their first job was!

CHECK-IN TIME (15-30 minutes)

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS (45-60 minutes)

We were designed to make progress. We were designed to move forward, and we are our happiest when we are progressing. God has created for us an abundant life, and part of that is growing in His likeness to fulfill the purpose he laid before us. Yet so often we find ourselves stuck, struggling to take the next step forward. To continue our progress, we must become unreasonable.

1. We were designed to make progress. Where do you see evidence of this in your life?
2. Think about the important areas of your life: your faith, your marriage, your friendships, your health, your finances, your career, etc. What is currently average in your life? Why do you think you are stuck in a state of average in that area of your life?
3. Read [Numbers 13:31-33](#) and [Numbers 14:24](#). The Israelites had obstacles in their way and ended up stuck in the desert for 40 years because they believed the task at hand was impossible. Joshua and Caleb chose to trust God and believe that, with God, the impossible was possible. Because of that belief they led their people to the promise land.

Similarly, God has promised us an opportunity for an abundant life, and He has given us the tools to create that life. We must trust God and follow Him wholeheartedly.

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What obstacle is currently in your way of making progress? How might your life look different if you became unreasonable in the average areas of your life?

4. No one can make progress for us. We must make the decision to partner with God and take action.

Will you trust what God has to say? What actionable next step do you need to take to become unreasonable this week?

ACTION STEP (10-15 minutes)

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- **Prayer:** Create intentional space to have a dialogue with God. Ask for direction on how our life can honor Him.
- **Study:** Are you unsure of what God has to say about the areas of your life you feel stuck in? Start studying what the Bible has to say about that topic
- **Dream Big:** Spend some time writing down the dreams you have that feel impossible. Use this to become unreasonably focused towards accomplishing those things.
- **Get Accountable:** Find a friend, share the changes you are going to make and allow them space to hold you accountable to those changes.
- **Daily time with God:** Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:
 - [Download the Emmanuel app](#) and read the One Year New Testament daily.
 - If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER (5-10 minutes)

Ask your group to share two things

- Prayer requests for themselves and the people in their lives.
- Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's life and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.



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GROUP SERVING OPPORTUNITIES

Partner with Emmanuel Church and INSOLE as we seek to support our local police department with birthday bags! For information on how to get involved reach out to Breanne De Avila at bdeavila@eclife.org .

UPCOMING EVENTS

September 10 | Serve Week Begins

September 17 | Family Adventure

You can find more information on all of these events at eclife.org.