STUDENT GROUP DISCUSSION QUESTIONS

SOCIAL TIME/WORSHIP

Have a game ready and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members get to know one another during this time and make it fun.

CHECK-IN TIME

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS

Doing life with people is better than doing life alone, especially when we are walking through something difficult. But at times it can be hard to know how to walk alongside people as they navigate hard things. Today we are going to be talking about how to be with people when they are grieving.

- 1. What emotions do you struggle with the most? Do you have an anger issue? Do you struggle with this more than your friends? Which emotion seems to be your toughest to deal with?
- 2. Job dealt with a TON of grief. He lost everything and everyone who was important to him. At one point he felt like God wasn't there for him. Have you ever been there, or known someone who has? What does it feel like when you're experiencing intense grief?
- 3. Why is it hard to comfort a friend who's grieving?
- 4. The first thing Job's three friends did was to sympathize with him, then they worked together, then they showed up for him. Think about a time you have grieved. How have your friends or family members responded to this emotion? Did they respond like Job's friends?
- 5. Sometimes people who are grieving need space and time to heal. Why is so hard to be patient with our friends when they're grieving?

- 6. If you are struggling with grief right now, should you be the person who helps a grieving friend right now?
- 7. When someone is grieving, what does God do? What does He invite us to do?
- 8. Who is someone who needs help with grief? How can you help them this week? What would it be like to just be with them in their grief?

ACTION STEP

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

• Connect with someone

• Daily time with God: Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:

o Download the Emmanuel app and read the One Year New Testament daily.

o Download the YouVersion app and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.

o If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER

Ask your group to share two things

1. Prayer requests for themselves and the people in their lives.

2. Ask also for any reason to praise. It is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's lives and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.