



Unreasonable – Week 3

ADULT GROUP DISCUSSION QUESTIONS**GROUP PREP**

In preparation for group, [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

SOCIAL TIME (15-30 minutes)

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members feel connected during this time and make it fun.

Ice-breaker suggestion: Answer this question: What is your favorite movie where the main character overcomes an obstacle?

CHECK-IN TIME (15-30 minutes)

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS (45-60 minutes)

We were designed to make progress. We were designed to move forward, and we are our happiest when we're progressing. God has created us for an abundant life, and part of that is growing in His likeness to fulfill the purpose he laid before us. Yet so often we find ourselves stuck, struggling to take the next step forward. To continue our progress, we must become unreasonable, finding opportunities in every obstacle.

- 1) Tell the group about a time you faced an obstacle in your own way. How did you respond to that obstacle?

Sometimes when we face an obstacle, we attach a meaning that is not truth. What false meaning have you believed because of an obstacle?

- 2) Obstacles educate us and help us to experience transformation. What have you learned about yourself and about God in the midst of an obstacle?

How have you grown as believer, a spouse, friend, co-worker, or a person as a result of facing an obstacle?

- 3) Where do you feel stuck right now? Where is the opportunity in that obstacle?

- 4) What do you need to do this week to see the opportunity and take steps to overcome that obstacle?

ACTION STEP (10-15 minutes)

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Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- **Journal:** Be intentional with journaling the opportunities that might come from an obstacle. Pray for perspective to continually see those opportunities.
- **Daily Prayer:** Find specific time each day that you can specifically surrender the obstacle in your way. Ask for guidance on how to grow through the obstacle.
- **Read:** [The Obstacle is the Way by Ryan Holiday](#) or [Man's Search for Meaning by Viktor Frankl](#).
- **Study Scripture:** Study how obstacles were handled in the bible. Consider looking specifically at Jesus, Paul, or Nehemiah.
- **Get Accountable:** Find a friend, share the changes you are going to make and allow them space to hold you accountable to those changes.
- **Daily time with God:** Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:
 - [Download the Emmanuel app](#) and read the One Year New Testament daily.
 - If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER (5-10 minutes)

Ask your group to share two things

- Prayer requests for themselves and the people in their lives.
- Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's life and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.

GROUP SERVING OPPORTUNITIES

Partner with Emmanuel Church and INSOLE as we seek to support our local police department with birthday bags! For information on how to get involved reach out to Breanne De Avila at bdeavila@eclife.org .

UPCOMING EVENTS

September 22 | 1824

October 12 | Night of Worship

October 24 | Impact Team Party

You can find more information on all of these events at eclife.org.