



Comeback - Week 2

ADULT GROUP DISCUSSION QUESTIONS

GROUP PREP

In preparation for group, [watch Emmanuel's weekend service message](#), then answer the following discussion questions.

SOCIAL TIME (15-30 minutes)

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting, if your group is continuing from last semester. Be intentional in helping your group members get to know one another during this time and make it fun.

Ice-Breaker suggestion: What are your favorite Easter traditions?

CHECK-IN TIME (15-30 minutes)

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS (45-60 minutes)

We all love a good comeback. We love to watch a sports team comeback and win the game after being behind. We read and watch stories of people who have experienced a comeback from hard circumstances and succeeded. So why is it so hard to believe in comebacks in our own life? It's safe to say we have all experienced a setback these past few years. Setbacks turn our plans inside out and leave us unsure what comes next. But comebacks are possible!

1. Think about your favorite movie, book, or play. What were the characters setback by? What were their reasons for succeeding in a comeback?
2. Nehemiah recognized that Jerusalem's walls being torn down left their people vulnerable to attack. Similarly, setbacks in our life leave us vulnerable to attacks spiritually.

When you think about setbacks you are experiencing, how would you describe your ability to fight off attacks? [i.e., Doubt, lack of confidence, mistrust for people, loneliness, being overwhelmed etc.]

3. Read [Nehemiah 4:14](#). Think about the area of your life you are needing a comeback. How do you want that area of your life to look? What is at stake if you fail to comeback?

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4. In Nehemiah's time, Jerusalem was a city meant to shine God's light to all people. They were the people chosen by God to share His love with the world, but they could not do that if they failed to comeback.

Read [Ephesians 1:4-6](#), [1 Peter 2:9](#), and [John 15:16](#). Today, you are chosen by God to shine His light to all. How we respond to the setbacks in our life will either illuminate or extinguish God's light to others.

How has your faith been inspired by someone else's comeback? Who might be witnessing your comeback presently and be impacted by you?

5. We all have reasons to come back. To successfully come back we need a clear focus on our reasons. What are your reasons?

ACTION STEP (10-15 minutes)

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- **List your Reasons:** Spend time this week reflecting and identifying your reasons to come back.
- **Connect:** Sit down with someone whose comeback you respect and ask them to speak into your setback.
- **Easter Prep:** Do a bible plan reflecting on the ultimate comeback: Jesus' resurrection from Death in preparation for Easter.
- **Daily time with God:** Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:
 - [Download the Emmanuel app](#) and read the One Year New Testament daily.
 - [Download the YouVersion app](#) and find a devotion you can do daily. You can even decide to do one as a group to encourage one another as you do the daily readings.
 - If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER (5-10 minutes)



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Ask your group to share two things

1. Prayer requests for themselves and the people in their lives.
2. Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's life and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.

GROUP SERVING OPPORTUNITIES

To determine how your group can serve together in the surrounding community, email Breanne De Avila, Emmanuel's Associate Outreach Director, at bschafer@eclife.org.

UPCOMING EVENTS

April 16 | Groups End

April 16 & 17 | Easter Weekend

You can find more information on all of these events at eclife.org.



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WHAT ARE YOUR REASONS?

