

Unreasonable – Week 4

ADULT GROUP DISCUSSION QUESTIONS

GROUP PREP

In preparation for group, <u>watch Emmanuel's weekend service message</u>, then answer the following discussion questions.

SOCIAL TIME (15-30 minutes)

Have an ice-breaker ready, eat a snack together, and/or go around the circle asking your group members to share any news since your last meeting. Be intentional in helping your group members feel connected during this time and make it fun.

Ice-Breaker suggestion: What is the coolest place you have ever traveled?

CHECK-IN TIME (15-30 minutes)

Talk about what you did last week to complete your action step.

GROUP DISCUSSION QUESTIONS (45-60 minutes)

We were designed to make progress. We were designed to move forward, and we are our happiest when are progressing. God has created for us an abundant life and part of that is growing in His likeness to fulfill the purpose he laid before us. Yet so often we find ourselves stuck, struggling to take the next step forward. To continue our progress, we must become unreasonable.

- 1. What's the hardest you've ever worked on something? How long did it take? How did you feel after?
- 2. What do you want? Whether in your marriage, for your family, in your career, in your friendships, in your finances, or in your walk with Christ, etc.

Read <u>Ecclesiastes 9:10</u> and <u>Colossians 3:23</u> Have you been working towards that wholeheartedly? What might change if you committed to the daily grind?

3. Michelangelo worked 8 hour days for 5 years. The Wright brothers worked 10-12 hours for 4 years. Abraham waited 25 years. Noah worked for 50+ years to build the ark.

It seems easy to understand the long view when we know the end of the story. In reality, it is tricky to work hard and persevere when we don't know the end of the story. Where are you trying to rush that God might be telling you to slow down? What might God be trying to teach you in this season of waiting?



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4. Take inventory of how you spend your 24 hours. Do you have the one hour a day Pastor Danny mentioned in service? If yes, how are you using that hour to progress forward? If no, what do you need to change to create space to pursue progress in the most important areas of your life?

What one thing do you need to do this week to move toward the person God wants you to be ten years from now?

ACTION STEP (10-15 minutes)

Choose one of the following or create your own. Consider finding an accountability partner within your group to walk alongside you this week.

- **Dream Big:** Spend some time writing down the dreams you have for your life ten years from now. Work backwards to create steps to get you to your goal.
- **Study:** Learn from the people in the bible who experienced seasons of waiting. Consider studying the stories of: <u>Abraham</u>, <u>Noah</u>, <u>Hannah</u>, <u>David</u>, or <u>Joseph</u>.
- **Journal:** Keep a log of how you spend your 24 hours. Use that log as an opportunity to change your daily grind thus change your future.
- **Get Accountable:** Find a friend, share the changes you are going to make, and allow them space to hold you accountable to those changes.
- **Daily time with God**: Determine the type of routine you'd like to have that allows you to spend time learning about what pleases God. Here are some ways to do this:

• <u>Download the Emmanuel app</u> and read the One Year New Testament daily.

 If you recently placed your faith in Christ and texted SAVED to 65248, read the devotional provided in your starter kit.

PRAYER (5-10 minutes)

Ask your group to share two things

- Prayer requests for themselves and the people in their lives.
- Ask also for any reason to praise, it is great to come to God in thanksgiving for all He has done.

Keep note of the burdens in people's lives and notice when God moves in those areas specifically. We believe God will see prayers become praise and it is an opportunity to increase our faith when we are in the position to bring that to light.



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GROUP SERVING OPPORTUNITIES

Partner with Emmanuel Church and INSOLE as we seek to support our local police department with birthday bags! For information on how to get involved reach out to Breanne De Avila at <u>bdeavila@eclife.org</u>.

UPCOMING EVENTS

Night of Worship | October 12 Impact Team Party | October 24 You can find more information on all of these events at <u>eclife.org</u>.